



ABIL-OT KIDS
THERAPY
enriching your child's natural ability

GERD
[Gastroesophageal]
AWARENESS
WEEK
November 21-27, 2021



November is Prematurity Awareness Month

About 1 in 10 babies are born preterm, or before completing the normal 37 to 40 weeks of pregnancy. These babies miss out on the important growth and development that happens in the final weeks. Preterm birth is a leading cause of infant mortality. Babies who survive can have short- and long-term health problems. November is National Prematurity Awareness Month, an opportunity to reflect on the nearly 400,000 babies born preterm each year in the United States and what we can do to prevent it. About 1 in 10 babies are born preterm, or before completing the normal 37 to 40 weeks of pregnancy. These babies miss out on the important growth and development that happens in the final weeks. Preterm birth is a leading cause of infant mortality. Babies who survive can have short- and long-term health problems.

Gastroesophageal reflux disease Awareness Week is November 21-27, 2021!

National GERD Awareness Week began in November, 1999, when it was added to the U.S. National Health Observances calendar. Throughout the year but especially during this time, the International Foundation for Gastrointestinal Disorders (IFFGD) encourages people who experience the symptoms of GERD (for example, heartburn, fluid flowing back up into the mouth, sensations of food sticking to the esophagus, and more) to seek treatment. We hope that if you're a sufferer, a mere change in diet will do the trick. But for many, it's not that easy. GERD stands for Gastroesophageal Reflux Disease, and it affects approximately twenty percent of the population, to varying degrees per individual.

Have A
Happy
And
Safe
Thanksgiving

